## WT/MU

# The Advocate



Women Together / Mujeres Unidas

### For Change

Winter 2024 www.mujeresunidas.org Page 1

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**Executive Director** 

Estella De Anda, LCSW

Dear Friends,

With the most joyous time of the year rapidly approaching, everyone is busy preparing for the holiday season. Unfortunately, this is not a reality for many victims that have to leave their homes to escape the violence.

I am writing you this letter, during this season of gratitude and giving, to thank you for your past generosity. Women Together / Mujeres Unidas has been providing services for victims of domestic violence and sexual assault for the past 46 years that includes essential services such as Emergency Shelter, Food Clothing, Trauma Informed Counseling and tireless advocacy for victims.

With the year drawing to a close, please consider making your end of the year tax exempt contribution to Women Together / Mujeres Unidas. This year instead of requesting gifts for our families, we are requesting gift cards. The gift cards will be provided for each person in the shelter so they may purchase what they need. Also, below is a wish list for our various programs, if you wish to make a holiday contribution.

To all of our supporters and friends who helped us this past year, Thank You! On behalf of our board of directors and staff, we wish you a joyful & peaceful holiday season and a prosperous New Year!

Sincerely,

Estella De Anda

**Executive Director** 

### SHELTER

Prepaid phones
Phone chargers
Board games (all ages)
Diapers / Baby Items
Umbrellas, Raincoats &
Ponchos
Hair & Bath Products,

Lotions Luggage

Clothing (children, women & men)

Shoes (children, women & men)

Toys (all ages) Makeup

Shoes (women & men) Christmas Party Celebration

Items

Christmas gift (all ages) Christmas bags/wrapping

paper

### **Wish List**

#### TRANSITIONAL HOUSING

Welcome Mats
Water Hoses (green)
Lamps
Window Blinds
AA, AAA, 9V Batteries
Plug-in Air Fresheners & Refills
Wal-Mart Gift Cards
Pots & Pans
Cookware
Small Folding Table

**Large Potted Plants** 

Large Flower Pots

Large Dolly

### SEXUAL ASSAULT PROGRAM

Plush Animals
Warmup Pants
T-Shirts (all sizes –
children, women and
men)
Underwear (all sizes –
children, women and
men)
Sports bras (all sizes)
Long sleeves shirts
Tote Bags

Small folding Table

#### FRIDA'S THRIFT STORE

Looking to re-locate our thrift store...need an affordable rental space.

### **FAMILY JUSTICE**

### **CENTER**

Large Potted Plants Large Flower Pots Outdoor Rugs Outdoor Patio Chairs

### **McALLEN STATELLITE**

### **OFFICE**

Office Sign 3' x 8'

Desktop Laptop Welcome Mat & Area Rugs Plug-in Air Fresheners & Refills Folding Tables Air filters

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### **Program Highlights for 2024**

In 2024, Mujeres Unidas made available a safe haven shelter and support services for victims and survivors of domestic violence and sexual assault. The following highlights gives a glimpse of the number of Hidalgo County residents who utilized shelter and support programs.

24-HOUR CRISIS HOTLINE - Telephone help for domestic violence victims and sexual assault survivors.	
Total Hotline Calls	5,112
EMERGENCY SHELTER - The agency maintains a 45 bed shelter for victims of domestic violence and survivors of sexual assault.	
Women	141
Children	204
Men	8
TOTAL	353
FAMILY JUSTICE OUTREACH CENTER 511 N. Cynthia Street, McAllen Texas.	
Counseling Crisis Intervention	1,735
SEXUAL ASSAULT COUNSELING PROGRAM Advocates provide crisis intervention, individual and group counseling to survivors of stranger/non-stranger sexual	
assault. Information & Referrals	1,442
Individual Counseling	414
Hospital Accompaniment	415
Crisis Intervention	907
Outreach Activities /Presentaion Participants	1,098
TRAUMA INFORMED COUNSELING PROGRAM  Domestic Violence and Sexual Assault Counseling	
Individual Counseling	273
Crisis Intervention	173
Participants in Group Sessions	16
LEGAL ADVOCACY- Advcates provide information about legal rights, remedies & advocacy services	1,482
Referrals for Legal Assistance	722
Referrals to Other Agencies	863
Protective Order Applications	366

NUEVA VIDA TRANSITIONAL HOUSING: This program is available for victims of domesti	
and sexual assault survivors for a period of 18 n	
Women (6) Children (14)	20
GED (5) & ESL (12)	17
Total	37
MCALLEN SATELLITE OUTREACH CENT	<u>rer</u>
420 N. 21st Street, McAllen Texas	
New Clients	1,108
Total Calls	1,280
BATTERER'S INTERVENTION & PREVEN PROGRAM (BIPP)- Psycho educational classe change abusive behavior	
BIPP Participants	384
Anger Management Participants	46
COUNSELING SERVICES	
Individual Trauma Informed Counseling	50
COMMUNITY EDUCATION PROGRAM / T	ΓRAINING
Increase awareness in the community on the dy domestic violence, sexual assault, stalking and d	
services. Number of Participants	4,629
Number of Presentations & Trainings	53
Number of Health Fairs	54
Number of Podcast, News, & Radio	59
Number of Social Media Post	566
VOLUNTEER PROGRAM	
150 Individuals Contributed 8,045 Hours	
Valued at \$66,857	

### A Special Thank You to the 2024 Sponsors

Calpine Energy City of McAllen El Valle de Sol Fellowship GME-Bruce & Lori Goldman Gracie Silva Doctor's Hospital of Renaissance Hidalgo County CDBG/ESG Lone Star National Bank Klinck Foundation Dr. Jacob Wiley Texas Regional Bank Wal Mart Hidden Valley RV Park & Chapel St. Matthew Episcopal Church United Way of South Texas Loring Cook Foundation Mission Chamber **Total Commitment Construction** Mr. Mortgage Richard Cantu

HEB Alamo Rec Community Church Montalvo Insurance Agency Hidalgo County Pct. 2, 3, & 4 Sharyland Utilities Foresters Leisure Wolrd Report Tropic Star Worship Services Texas National Bank TJX Foundation ZONTA Club of West Hidalgo Co. Castle Hosipitality/M&M Fallek Bert Ogden Arena Pine to Palm Resort Park South Texas ISD World Scholars Spectrum City of Pharr Synergy Art Alaniz

Casa Del Valle Park Church Paradise Park Pharr Methodist Healthcare Ministries Texas Cordia Construction AAF Rio Grande Valley Wellsential Healthcare Pharr Paradise Park/Linus Project Freedom Bank The Kemper Foundation Vantage Bank EMU Plastics (TEX) Limited Raul Tijerina Jr. Foundation Dale Mortland Church of Trophy Gardens James Avery Palker Law Firm IGT Pena Engineering

Girl Scouts McAllen Unit

Hidalgo County Sheriff's Office First United Methodist Mission IBC Bank Kendra Scott Assurance America Corp. **Edinburg Crime Stoppers** India Association of RGV Rio Bank Home Squad LLC Dr. V Alexandria Escobedo Marlynn Olivarez Hidalgo ISD Spanish Aupae Club Llano Grande Knit & Crochet First Baptist Church McAllen Bert Ogden Subaru McAllen Mobile Park Tiger Fury Kajukenbo Church of Jesus Christ Latter Day St. Alfaro Insurance STC Vocational Nursing Program